



We look forward to working with you and your patients!

**MEDICAL NUTRITION THERAPY REFERRAL PROCESS**

**Fax referral to 704-680-6672**

**Include in referral:**

**Client demographics**

**Insurance information**

**ICD-10 code associated with referral**

**Any relevant chart notes or bloodwork**

**Pediatrics– Growth charts for height and weight**

We will fax back confirmation that we have received the fax and will reach out to the patient within 24 hours to get an appointment scheduled.

Please don't hesitate to reach out with any questions!

Christina, Referral Coordinator

P: 704-380-4655 (op on 2)

Email: [referrals@nutritionhealthworks.com](mailto:referrals@nutritionhealthworks.com)

**NUTRITION HEALTHWORKS CHARLOTTE LOCATIONS:**

Uptown - 428 E 4th St Suite 201

Concord - 245 Le Phillip Ct NE, Suite LE-227

Statesville - 215 West Broad Street

Ballantyne (Morrison YMCA) - 9405 Bryant Farms Dr\*

Cornelius - 19607 West Catawba Avenue #102

SouthPark (Harris YMCA) - 5900 Quail Hollow Rd\*

Mooresville (Lowe's YMCA) - 170 Joe Knox Ave Ste A\*

University (Keith YMCA) - 8100 Old Mallard Creek Rd\*

Gastonia (Warlick YMCA) - 2221 Robinwood Rd\*

Matthews - 1136 Sam Newell Rd Unit A2

\*Patient does not need to be a member of the YMCA to be seen at this location

**Telehealth is available as well!**

We also have locations in the Raleigh area: Raleigh, Cary, Durham, and Apex

We accept Blue Cross Blue Shield, Aetna, Cigna, Medicare, Medicaid Direct, Healthy Blue NC Medicaid, Carolina Complete Medicaid, WellCare, and Friday!