



We look forward to working with you and your patients!

MEDICAL NUTRITION THERAPY REFERRAL PROCESS

Fax referral to 704-680-6672

Include in Referral:

Client Demographics

Insurance Information

ICD-10 Code Associated With Referral

Any Relevant Chart Notes or Bloodwork

Pediatrics– Growth Charts for Height and Weight

We will fax back confirmation that we have received the fax and will reach out to the patient within 24 hours to schedule an appointment.

Please don't hesitate to reach out with any questions!

Christina, Referral Coordinator

P: 704-380-4655 (Option 2)

Email: Referrals@nutritionhealthworks.com

NUTRITION HEALTHWORKS CHARLOTTE LOCATIONS:

Uptown - 428 E 4th St Suite 201	SouthPark (Harris YMCA) - 5900 Quail Hollow Rd*
Concord - 245 Le Phillip Ct NE, Suite LE-227	Mooresville (Lowe's YMCA) - 170 Joe Knox Ave Ste A*
Matthews - 1136 Sam Newell Rd Unit A2	University (Keith YMCA) - 8100 Old Mallard Creek Rd*
Ballantyne (Morrison YMCA) - 9405 Bryant Farms Dr*	Cornelius - 19607 West Catawba Avenue #102
Gastonia (Warlick YMCA) - 2221 Robinwood Rd*	

*Patient does not need to be a member of the YMCA to be seen at this location

Telehealth is available as well!

We also have locations in the Raleigh area: Raleigh, Cary, Durham, and Apex

We accept Blue Cross Blue Shield, Aetna, Cigna, United Healthcare, Medcost, Medicare, Medicaid Direct, Healthy Blue NC Medicaid, Carolina Complete Medicaid, and WellCare!