



We look forward to working with you and your patients!

MEDICAL NUTRITION THERAPY REFERRAL PROCESS

Fax referral to 704-680-6672

Include in Referral:

Client Demographics

Insurance Information

ICD-10 Code Associated With Referral

Any Relevant Chart Notes or Bloodwork

Pediatrics– Growth Charts for Height and Weight

We will fax back confirmation that we have received the fax and will reach out to the patient within 24 hours to schedule an appointment.

Please don't hesitate to reach out with any questions!

Christina, Referral Coordinator

P: 704-380-4655 (Option 2)

Email: Referrals@nutritionhealthworks.com

NUTRITION HEALTHWORKS RALEIGH LOCATIONS:

Cary (NW Cary YMCA) - 6903 Carpenter Fire Station Road

Raleigh (A.E. Finley YMCA) - 9216 Baileywick Rd

Raleigh (Alexander Family YMCA) - 1603 Hillsborough St

Durham (Downtown Durham YMCA) - 218 W Morgan St

Apex (Kraft Family YMCA) - 8921 Holly Springs Rd

****Patient does not need to be a member of the YMCA to be seen at these locations****

Telehealth is available as well!

We also have locations in the Charlotte area: Charlotte, Ballantyne, Cornelius, Mooresville, Matthews, Southpark, Concord, and Gastonia

We accept Blue Cross Blue Shield, Aetna, Cigna, United Healthcare, Medcost, Medicare, Medicaid Direct, Healthy Blue NC Medicaid, Carolina Complete Medicaid, and WellCare!