



We look forward to working with you and your patients!

MEDICAL NUTRITION THERAPY REFERRAL PROCESS

Fax referral to 704-680-6672

Include in referral:

Client demographics

Insurance information

ICD-10 code associated with referral

Any relevant chart notes or bloodwork

Pediatrics– Growth charts for height and weight

We will fax back confirmation that we have received the fax and will reach out to the patient within 24 hours to get an appointment scheduled.

Please don't hesitate to reach out with any questions!

Jim, Referral Coordinator

P: 704-380-4655 (op on 2)

Email: referrals@nutritionhealthworks.com

NUTRITION HEALTHWORKS CHARLOTTE LOCATIONS:

SouthPark (Harris YMCA) - 5900 Quail Hollow Rd*
Matthews - 1136 Sam Newell Rd Unit A2
Cornelius - 19607 West Catawaba Ave #102
Ballantyne (Morrison YMCA) - 9405 Bryant Farms Dr*

Mooresville (Lowe's YMCA) - 170 Joe Knox Ave Ste A*
Cornelius - 19607 West Catawaba Avenue #102
Belmont (Stowe YMCA) - 196 YMCA Dr*
Gastonia (Warlick YMCA) - 2221 Robinwood Rd*

Fort Mill (Indian Land YMCA) - 2816 Worldreach Dr*

*Patient does not need to be a member of the YMCA to be seen at this location

Telehealth is available as well!

We also have locations in the Triangle area: Raleigh, Cary, and Durham

We accept Blue Cross Blue Shield, Aetna, Cigna, United Healthcare, Medcost, Medicare, Medicaid Direct, Healthy Blue NC Medicaid, Carolina Complete Medicaid, and WellCare!