



We look forward to working with you and your patients!

MEDICAL NUTRITION THERAPY REFERRAL PROCESS

Fax referral to 704-680-6672

Include in referral:

Client demographics

Insurance information

ICD-10 code associated with referral

Any relevant chart notes or bloodwork

Pediatrics– Growth charts for height and weight

We will fax back confirmation that we have received the fax and will reach out to the patient within 24 hours to get an appointment scheduled.

Please don't hesitate to reach out with any questions!

Jim, Referral Coordinator

P: 704-380-4655 (op on 2)

Email: referrals@nutritionhealthworks.com

NUTRITION HEALTHWORKS NC & SC LOCATIONS:

Uptown (Childress Klein YMCA) - 301 S College St Ste 200*	Mooresville (Lowe's YMCA) - 170 Joe Knox Ave Ste A*
SouthPark (Harris YMCA) - 5900 Quail Hollow Rd*	Cornelius - 19607 West Catawba Avenue #102
SouthPark (Palestra Spa) - 3100 Apex Dr #101	Belmont (Stowe YMCA) - 196 YMCA Dr*
Matthews - 1136 Sam Newell Rd Unit A2	Gastonia (Warlick YMCA) - 2221 Robinwood Rd*
Cornelius - 19607 West Catawaba Ave #102	Indian Land, SC (Indian Land YMCA) - 2816 Worldreach Dr*
Columbia, SC - 1122 Lady St Ste 244	

*Patient does not need to be a member of the YMCA to be seen at this location

Telehealth is available as well!

We also have locations in the Triangle area: Raleigh, Cary, and Durham

We accept Blue Cross Blue Shield, Aetna, Cigna, United Healthcare, Medcost, Medicare, Medicaid Direct, Healthy Blue NC Medicaid, Carolina Complete Medicaid, and WellCare!